

Syosset Coach Brings Clinic To MercyFirst

Syosset resident, Eric Majoy, came to MercyFirst on Veterans Day to volunteer his time coaching a strength and agility clinic for twenty MercyFirst youth. Eric and his two assistants, Joe Majoy and Alex Concannon, ran drills, obstacle courses and organized flag football scrimmages for the youth. The boys had fun participating in the clinic where they were encouraged to train hard and work together. When asked about his experience at MercyFirst, Eric said, "I thoroughly enjoyed my day of training with a good group of kids, and all that raw talent."

Eric Majoy has been a Syosset youth football, lacrosse, and wrestling coach for 8 years. His two assistants, Joe Majoy and Alex Concannon, are Syosset football and lacrosse players. A second clinic is already being planned for the youth at MercyFirst, this time with the help from the Long Island Lizards Lacrosse team!



MercyFirst youth and Eric Majoy.



Eric Majoy leads drills for the group.

