



# Circle of Security Parenting™ Program

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

## Learning Objectives of the Program:

- Understand your child’s emotional world by learning to read the emotional needs
- Support your child’s ability to successfully manage emotions
- Enhance the development of your child’s self esteem
- Honor your innate wisdom and desire for your child to be secure

## Time Commitment:

8 sessions, 1 hour per session. 1 session per week

*\*This group is ACS approved and will count as a court approved parenting class if required.*



PRESENTED BY:



**Mercy First**  
hope is unstoppable

### PRESENTER:

Kari Vaughan, LCSW, MercyFirst

### LOCATION:

Virtual

### DATES:

TBA

### TIMES:

TBA

### COST:

Free with Medicaid

### WHO SHOULD ATTEND:

Parents and Foster Parents of children 3 months-5 years old. Expectant moms also welcome. Medicaid recipients.

### HOW TO REGISTER:

Contact Graziella Gonzalez  
(516) 921-0808 x 1785

MercyFirst

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Accredited by:

